



Active Acting

10 - 18 December 2018

INFOPACK

Practical guide for partners and participants



Erasmus+



Funded by the
Erasmus+ Programme
of the European Union



PROJECT DESCRIPTION

"Active Acting" is a youth exchange, which will take place in Vilagarcía de Arousa, Spain, 10 - 18 December 2018. The main aim of this project is to involve 50 participants from 10 different countries (Spain, Greece, Romania, Poland, Italy, Malta, Macedonia, Serbia, Georgia and Latvia), in order to work together developing theatre activities to promote the respect and the knowledge about the concept of cultural identity.

Each country will be represented by 5 participants, and they don't need to have any particular experience in the field of cultural identity, but their motivation and willingness to take active part in the youth exchange will be one of the criteria of the selection.



PROJECT IDEA AND IMPACT

- ❖ The objectives and idea of the project correspond with Erasmus + objectives, as the youth exchange will help participants to improve their attitudes, skills and knowledge; to increase their capacities; and their wish and will to take part in the democratic life in Europe as active and critical citizens. A long-term goal for the project is to raise participants; their awareness and understanding of other cultures and countries through reducing of the negative influence of intolerance and discrimination.
- ❖ The main idea of the project is essentially to carry out several interactive and instructive activities that we will use to spread knowledge and competences about multiculturalism, and to fight against the xenophobia and hate, through the theatre and acting activities.



PROJECT OBJECTIVES



- ❖ To spread ideas about **multiculturalism**.
- ❖ To raise awareness about the concept of **cultural identity and European values**.
- ❖ To show that the respect and the understanding of other cultures can be done in different ways, through **ideas and methods on non-standard approach to non-discrimination education**.
- ❖ To create **working tools** that can be used in local communities.
- ❖ **To start a network of youth workers in Europe** creating a good atmosphere for the connection between participants.
- ❖ **To deal with nowadays problems related with migration, xenophobia and hate**, through giving examples, ideas and theoretical knowledge during the project.
- ❖ To raise awareness about **historical memory and its importance** so that mistakes from the past are not repeated.
- ❖ **To raise understanding** about other countries and cultures.



METHODOLOGY AND SKILLS

- ❖ The organizers will start working with all partners prior to the project, identifying needs and expectations of each participating organization and their participants, and providing them information about the project. All partners and participants will be involved in all stages and the evaluating of the project. In line with the Erasmus + objectives of non formal learning, there will be an ongoing sharing of ideas, experiences and values which will contribute to a better understanding in group.
- ❖ The project will give participants following skills and knowledge:
 - ✓ Organisational skills crucial for creating and implementing local projects on social inclusion back at home, especially theatre activities.
 - ✓ Deeper knowledge and understanding about cultural identities.
 - ✓ Intercultural competences and better understanding of people from different backgrounds.
 - ✓ Understanding of how theatre plays are made. What kind of activities should be in it, how to make it interesting and how to connect it with cultural and historical issues.
 - ✓ Self-assessment and self-reflection methods to better understand themselves.



PARTICIPATING COUNTRIES

5 PARTICIPANTS PER COUNTRY



SPAIN

Asociación Xuvenil Arousa Moza
arousamoza@gmail.com



POLAND

NGO Logos Polska
boyko@ngologos.org



GREECE

Hellenic Youth Participation
hellenicyouthparticipation@yahoo.gr



MACEDONIA

European Link Center
mdimce@yahoo.com



SERBIA

Factory of Positive Vibes (FPV)
stefana.stamenkovic@gmail.com



ROMANIA

Asociatia Pentru Dezvoltare Activa
dezvoltare.activa@gmail.com



ITALY

Commissione Sinodale per la Diaconia
giovaninmoviemnto@diaconiavaldese.org



LATVIA

NGO Logos Latvia
orlovajekater@gmail.com



MALTA

Terra Di Mezzo (TDM) 2000 Malta
international@tdm2000malta.org



GEORGIA

Caucasus Youth Nexus
caynexyia@gmail.com



PARTICIPANT'S PROFILE

- ❖ Preferably with some experience in the field of theatre, and an intermediate knowledge of English. We will appreciate if they have some skills in Spanish language. The experience is not mandatory but the motivation is.
- ❖ **Number of participants:** Each partner will be represented during the youth exchange by 5 participants (one of them will be group leader).
- ❖ **Participants age:** 18 - 30 years old.
- ❖ **Gender equality:** To ensure gender balance for the main activity partners will be asked to recruit at least two females and two males, so that in the end we will try to have approximately 50/50 representation.
- ❖ **Young people with fewer opportunities:** This project involve participants facing situations that make their participation in the activities more difficult, such us cultural differences, economic obstacles, geographical obstacles and social obstacles.
- ❖ **Participants background:** The 5 participants from every each group should be people interested in the project topics, motivated to participate in the youth exchange by the learning process and also opened to get involved in the dissemination activities.



INTERCULTURAL EVENINGS

All international projects are a excellent opportunity to know other country's cultures. Therefore, during this youth exchange the participants will present us their countries, cultures and traditions, especially, showing or sharing us their national food and drinks, lifestyles, music, dances, etc.





NGO FAIR



There will be a working session called NGO Fair. It is a partnership building activity. During this session, each national group will have to present its sending organization.

Each country will have 8 minutes for its sending organization presentation. It's important to try to be creative and promote itself as much possible, because this projects it is not just an opportunity to develop friendships between people, but also an opportunity for NGOs to develop partnerships and future projects together.





TIMETABLE AND SCHEDULE

- ❖ **Day 1 (10/12/2018):** AM: Arrival
PM: Welcome Evening
- ❖ **Day 2 (11/12/2018):** AM: Get to Know Each Other - Intro of the Project
PM: Team Building Game - Erasmus + and YouthPass Certificate
Evening: Game Evening
- ❖ **Day 3 (12/12/2018):** AM: Information about social inclusion – Inclusion in each country
PM: Who are people with fewer opportunities – Values and Challenges
Evening: NGO Fair
- ❖ **Day 4 (13/12/2018):** AM: Disinhibition – Movement and Gesticulation
PM: Introductory guided theatre – Creating the movement
Evening: Intercultural Evening
- ❖ **Day 5 (14/12/2018):** AM: Social inclusion and exclusion
PM: Comedy: Expressing happiness
Evening: Intercultural Evening



TIMETABLE AND SCHEDULE

- ❖ **Day 6 (15/12/2018):** AM: [Choreography basis](#)
PM: [Choreography rehearsal in small groups](#)
Evening: [Intercultural Evening](#)
- ❖ **Day 7 (16/12/2018):** AM: [Meeting with other groups](#)
PM: [Flashmob preparation](#)
Evening: [Intercultural Evening](#)
- ❖ **Day 8 (17/12/2018):** AM: [Outdoor Event - Flashmob](#)
PM: [Project Evaluation – Free Time](#)
Evening: [YouthPass Ceremony and Farewell Party](#)
- ❖ **Day 9 (18/12/2018):** AM: [Departure](#)

Working Day Structure

09:00 - 10:00 Breakfast
10:00 - 11:30 1st Working Session
11:30 - 12:00 Coffee Break
12:00 - 13:30 2nd Working Session
13:30 - 15:30 Lunch

15:30 - 17:00 3rd Working Session
17:00 - 17:30 Coffee Break
17:30 - 19:00 4th Working Session
19:00 - 19:30 Reflection Time
19:30 - 20:30 Dinner

21:00 - 22:00 Evening Activities



INTERNATIONAL TRAVEL



- ❖ **Where:** Vilagarcía de Arousa, Galicia, Spain
- ❖ **When:** 10 - 18 December, 2018
- ❖ Food and accommodation 100% covered.
- ❖ The best option is to travel by plane to Madrid or Barcelona. You can find cheap flights to Santiago de Compostela from these cities (Ryanair or Iberia Express) or bus and train from Madrid (<http://www.renfe.com/>). Also there is connection Porto - Santiago by bus everyday. After, you can arrive by train to Vilagarcía de Arousa from Santiago de Compostela (<http://www.renfe.com/>). Please, find the cheapest and easiest way, send us your planning before buying tickets and wait for our confirmation.
- ❖ If is possible, we would appreciate that all participants arrive to Vilagarcía before 22:00 pm 10 December, and that they depart after 10:00 am 18 December.
- ❖ According Erasmus + program, you can travel 2 days before and after project but every extra cost (accommodation, food...) are not covered.





TRAVEL COST

Accommodation and food are 100% covered by Erasmus+ Program. Travel costs are budgeted according to Erasmus + conditions (using the distance calculator from the city where your sending organization it is registered to the city where the project will take place). Keep in mind that rented bus is also part of this budget.

ITALY	(500 - 1999 KM)	275€/participant
POLAND	(2000 - 2999 KM)	360€/participant
ROMANIA	(2000 - 2999 KM)	360€/participant
MALTA	(2000 - 2999 KM)	360€/participant
GREECE	(2000 - 2999 KM)	360€/participant
LATVIA	(2000 - 2999 KM)	360€/participant
MACEDONIA	(2000 - 2999 KM)	360€/participant
SERBIA	(2000 - 2999 KM)	360€/participant
GEORGIA	(4000 - 7999 KM)	820€/participant

Participation fee: 30€

Participants will have the opportunity of buying materials that they will use in their performances.



TRAVEL REIMBURSEMENT



DOCUMENTS

- ❖ Electronic ticket with the travel plan.
- ❖ All boarding passes. We need original ones, so you can send us return tickets by post after project.
- ❖ An invoice from the travel agency/website/airlines company. The e-mail confirmation of your flight is not replacing the invoice, so please ask for the invoice when you buy the flight tickets.
- ❖ The payment confirmation: a bank extract or a printed statement released by your bank showing the payment/transaction. Flight tickets are not allowed to be paid by cash.



OTHER REQUIREMENTS

- ❖ **Mug/cup exchange:** Bring a mug/cup from your country and you will exchange it with another participant. It will be used for coffee breaks.
- ❖ **Camera/laptop.** If it's possible, bring your photo/video camera and laptop. At least one from each partner country.
- ❖ **Flag.** Don't forget your flag. You will use it in the intercultural evenings and outdoor events.
- ❖ **Postcard** from your country





OTHER INFORMATION

- ❖ We recommend you to take out a travel and medical insurance before coming. The travel insurance cost it isn't an eligible cost for the project budget so it cannot be reimbursed.
- ❖ Warm, comfortable and rainproof clothes. The weather in Arousa is a little bit cold but it rains very often. So take also in consideration to bring an umbrella and a raincoat.
- ❖ Anything else you consider necessary: hair dryer, slippers...

